

extract of meat, and extract of malt scientifically blended, largely prescribed both in acute illness and in convalescence.

MESSRS. JOSIAH R. NEAVE & Co. (Stand 9B), Fordingbridge, Hants, are showing their well known food. There is high medical testimony to the fact that this food is readily digested and highly nutritious, and being rich in phosphates is very useful where the teeth and bone development is tardy.

Stand 13B—MESSRS. KEEN ROBINSON & Co., Denmark Street, St. George's-in-the-East, in addition to their "Patent Barley" and Groats, and Keen's Mustard, are showing their Waverley Oats, from which delicious porridge can be made in ten minutes. Those who know the value of the former preparations and there are few who do not, will certainly wish to procure and try the Waverley Oats without delay.

Stand 26B—LEMCO AND OXO. Liebig's Extract of Meat Co., have an attractive Stand, where their well-known preparations may be procured. Oxo in cubes is a very general favourite with nurses and midwives, both for themselves and their patients. If there are not any yet acquainted with it they should not fail to avail themselves of the present opportunity to become so.

Stand 37B—ALEXANDER ROBB & Co., of 79, St. Martin's Lane, W.C., have an established reputation of over a century for their Nursery Biscuits, and are purveyors to upwards of 20 Royal nurseries, as well as to the Court of Spain. Their digestive rusks, tops and bottoms and other biscuits are also highly appreciated.

Stand 39B—THE GAS LIGHT & COKE COMPANY, Horseferry Road, Westminster, S.W., have a charming exhibit, the special feature of which is that it suggests a room, adjoining a ward, in which coal fuel has been abolished. Instead of a coal range a Gas Cooker has been fixed in a well-ventilated recess, the room is warmed by a gas fire, and hot water can be supplied at any hour of the day or night from the gas circulator.

Stands 43, 44 and 45B—THE MEDICAL SUPPLY ASSOCIATION, 228, Gray's Inn Road, have a varied and most interesting exhibit which should on no account be missed. Nurses are well acquainted with the advantages of Macdonald's Patent Sterilizer, and owing to the enterprise of a private nurse, the Sterilizer has now been made in a medium size which a nurse can include in her surgical kit when going to a case. The Forsyth improved sling pillow, which is placed under the knees, and fastened to the head of the bed is a most useful appliance as many nurses know. They do not probably know so well "Brytstele," which has numerous merits. It is an aqueous solution quite translucent, which preserves the lustre and the edges of all steel instruments immersed in it, scalpels included. Sterilization is unnecessary when "Brytstele" is used, and it is very cheap. Another preparation of which the firm are making a speciality is "Wyandotte," which is likely to take the place of soap powders and sodas, being a marvellous remover of dirt and grease, though it contains no caustic or acid. Matrons and

superintendents of hospitals and nursing homes, and busy housewives, should make a note of it for the spring cleaning.

MESSRS. CASSELL & Co., LTD., London, Paris and New York, were showing the four volumes of "The Science and Art of Nursing," which as our readers know, can also be obtained from the Waverley Book Co., Ltd., 7 and 8, Old Bailey, E.C. It is a handsome edition to any library, and the coloured plates are of special excellence.

Annexe Stand.—At this stand CHARLES ZIMMERMANN & Co., 9 and 10, St. Mary-at-Hill, E.C., are displaying their well-known disinfectant Lysol, which is of special value owing to its solvent action on grease, mucus, and sanguineous matter. One of the uses for which it is recommended is as a cleansing antiseptic and stimulating lotion for the hair in the strength of a teaspoonful to a pint. A fact nurses should note.

The Half Annexe B looked very bright, arranged as the GLAXO Lounge, where in comfortable chairs many nurses and midwives were refreshing themselves with this favourite beverage, nutritious alike for adults and infants, and where Mrs. Robinson of the Union of Midwives, had a cordial welcome for all.

## THE NURSING CONFERENCE. FIRST SESSION.

Miss Eleanor J. Law, Matron of the Royal Hospital, Chelsea, presided at the first Session of the Nursing Conference in the Hall of the London County Council Technical Institute. In her opening remarks she pointed out that the objects of such a Conference were for mutual aid and support, and to widen and extend our sympathies for the advance of the Profession.

Miss Waind, Superintendent of the Galen Nursing Home in Guildford, read a very interesting Paper entitled "How to work up a connection." Her remarks would prove of great value to anyone contemplating starting a similar business, and were calculated to induce nurses to join one worked on such businesslike and just lines as her own. Her chief points were: 1. *Choice of locality*; 2. *Choice of a staff*; 3. *How to make the Association known*; 4. *Business methods*. She was, of course, very insistent upon the question of efficiency and character in the nurses. She would not recognise any but the fully qualified. Between the lines it was easy to read that the services of her own nurses were well required.

Dr. Anthony B. Bradford, M.D., followed Miss Waind. His remarks upon "How to start and conduct a Nursing Home" formed very aptly a kind of sequel to hers. He gave as a reason for the rather bad name that had attached itself to nursing homes that they had not got rid of their parentage! His explanation being that about thirty years ago the first was started on the lines of a joint business.

Miss Alice M. M. Park, late Matron of the General Lying-in Hospital, and of the Government Civil Hospital, Kandy, Ceylon, read a very interesting Paper upon "New Methods in Medical and Surgical Nursing."

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